

# Supporting Recovery and Inclusion

## The CARE model

**Dit boek is ook beschikbaar in het Nederlands:  
Zo worden cliënten burgers.**

This book describes the principles and methodology of the CARE Model. This eclectic approach offers professionals working with people with a mental health or addiction problem, or persons with other social disadvantages, effective ways of support.

*The CARE model* is meant to support people in their personal development. It is based on principles of psychosocial rehabilitation, recovery and empowerment.

The book contains a lot of practical examples. It can be used by professionals in the field, and for the education of present and future professionals.

*The CARE model* is an evidence based approach used by thousands of professionals world-wide.

## Supporting Recovery and Inclusion

Working with the CARE model



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